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An initiative of Onattukara Farmers



ONATTUKARA COCONUT PRODUCER COMPANY LTD.

An initiative of Onattukara Farmers
Vetticode, Pallickal P.O., Kattanam
Alappuzha-690503, Kerala
Phone: 0479 2339911, 7025 977755



HEALTH BENEFITS OF ONATTUKARA COCONUT OIL

- Prevents wrinkles, sagging skin, skin dryness and flaking
- Prevents and effectively cures candida
- Improves bone health
- Helps in easy digestion
- Strengthens immune system
- Effective in healing damaged tissues and infections
- Rich in lauric acid that helps maintain blood sugar and cholesterol levels



Onattukara Coconut Chips

Coconut Chips are oven baked crispy snacks made from fresh coconut. Protein and fiber rich.



Desiccated Coconut

Grated, ready to use dehydrated coconut powder. Tasty and healthy.



Onattukara Coconut Chutney Powder

A tasty ready to use dish of coconut with chilly, onion, pepper, ginger, curry leaves and salt. A mouth lingering dish with rice/dosha or idli.



Onattukara Coconut Ginger mix

Ginger mix is easy to cook curry mix of ginger and other essential ingredients. Very tasty traditional culinary item when boil in water to the required consistency, saute and use.

Onattukara Coconut Producer Company

Customer Care No. **7025 977755**

ആരോഗ്യ സംരക്ഷണമാക്കണം നമ്മുടെ ദൈവ ശീലം!
 ദീർഘവീര്യമാക്കണം നമ്മുടെ ചായകളെ എല്ല

**100% Natural, Pure
 And
 Unadulterated**

NUTRITIONAL VALUE IN 100 gms OF OIL

- Calories - 898 k.cal.
- Saturated fat-%by wt. - 90.071
- Mono unsaturated fatty acid-%by wt - 8.130
- Poly unsaturated fatty acid-%by wt - 1.558
- Protein - 0
- Carbohydrate - 0



Onattukara Theeyal mix

Onattukara Theeyal mix is a ready to use ground curry mix made of grated coconut with fennel seeds, chilly, onion, coriander, curry leaves packed suitably for cooking vegetables. Add tomato or tamarind for taste and use after sauting.



Coconut Squash

A tasty drink from coconut water. Sugar, ginger, herb nannari and citric acid add taste to the drink.

Dilute with water 5 times and serve chilled.



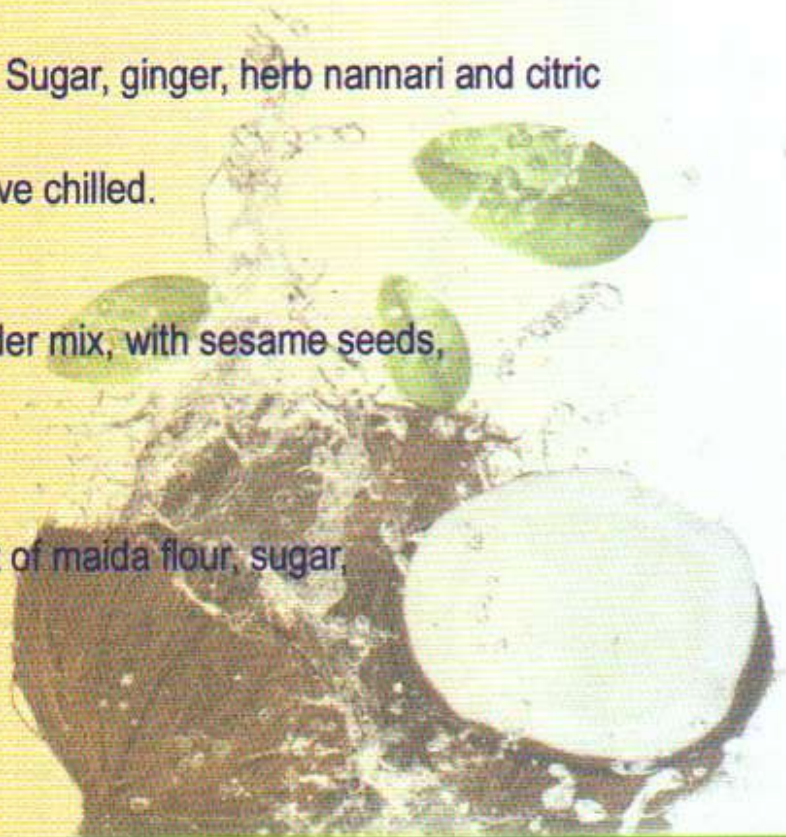
Avaloose Podi

A ready to use coconut rice powder mix, with sesame seeds, cumin seeds and sugar.



Coconut Cookies

A tasty coconut snacks made out of maida flour, sugar, cardamom and ghee.



ഓണാട്ടുകര ലോകത്തിനു നൽകിയ അമൂല്യ സമ്മാനം!



100% Vegetarian



- Boosts metabolism
- Reduces cholesterol
- Great for cooking



Realise the Health Benefits of Cnattukara Coconut Products.

ഓണാട്ടുകര വെളിച്ചെണ്ണ ശീലമാക്കൂ...
സമൂഹ നന്മയ്ക്കായി കൈകൊർക്കൂ.

ENSURES QUALITY IN LIFE





എക്സ്പോർട്ട് നിലവാരമുള്ള വെളിച്ചെണ്ണ ഉത്പാദിപ്പിക്കുന്ന ഓണാട്ടുകരയിലെ നാളികേര കമ്പനി


 100% Vegetarian



extracted from Best Quality Dryer Dried Copra

ഏതും നല്ലതാകട്ടെ....! എല്ലാം നല്ലതിനാകട്ടെ....!
 ഓണാട്ടുകര വെളിച്ചെണ്ണയുടെ നന്മ തിരിച്ചറിയുക



നല്ലതിനെ
 നെടഞ്ചൊടണഖ്യാ...!



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Hygienically Processed and Packed Onattukara Products